



Ottawa Carleton Soccer League

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OCSL Step 3 Return to Play (RTP) Guide

Protocols & Recommendations

(Last Updated: July 17th, 2021)

The information in this document is not intended or implied to be a substitute for professional medical advice, diagnosis, or treatment. The knowledge and circumstances around COVID19 are changing constantly and, as such, the Ottawa Carleton Soccer League (OCSL) makes no representation and assumes no responsibility for the accuracy or completeness of this information. Further, you should seek advice from medical professionals and/or public health officials if you have specific questions about your return to competition.

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With a situation that evolves daily and may differ by region, the OCSL continues to follow the guidance of Provincial Health Authorities and requires all members to do the same. We also understand that each municipality has potentially different localized governmental restrictions and limitations for on-field bookings and activity, therefore, we advise everyone to work with your local town/city/municipality to adhere to any appropriate requirements to ensure you are providing a safe environment for all participants. Important protocols have been adopted by the OCSL to create and maintain a safe return to play this summer. These protocols and recommendations are based on guidance from Ontario Soccer (OS) and our Public Health Units (PHUs). The League reserves the right to exercise more stringent measures than those required by any of these bodies.

If a situation arises where COVID-19 Protocols are not being followed, it is the responsibility of the home team to address and fix it.

Please note that requirements and protocols may vary, depending on where your game is being played.

If you have any questions about the OCSL's RTP Guide, please contact Elliot Barkley.

Email: manager@ocslonline.ca

Phone: 613-233-4451 ext. 6



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II. Step 3 Reference Guide

	Players & Team Officials	Spectators (capacity limited to 75%)	Match Officials
COVID-19 Screening	→ Required	→ Required	→ Required
Masks	→ Not required → Recommended on bench	→ Required	→ Not required → Recommended on bench
Physical Distancing (2m)	→ Field: Not required → Bench: Not required (but recommended) → Required in all other areas at facility	→ Required	→ Field: Not required → Bench: Not required (but recommended) → Required in all other areas at facility
Contact Tracing	→ THREE (3) game sheets provided to Match Officials → Game sheets must be complete and accurate (names of players/officials absent crossed out) → Team Officials must keep copy for 30 days	→ Team Officials are required to maintain records of their own team's spectators in attendance at each game	→ Tracked on Refcentre by your game assignment record, and by the OCSL office



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III. Contact Tracing

*****Contact tracing records must be kept on file for a minimum of 30 days*****

Players & Team Officials

Game sheets will be used to fulfill contact tracing requirements for all Players and Team Officials for the 2021 season.

Teams must provide THREE (3) copies of their game sheet at all OCSL games. Game sheets must be accurate and complete. **Players or team officials not present must be crossed off the game sheet.** At the end of each game, one will be given back to your team official, the opposition's team official will retain a copy, and the match official will send the third copy to the OCSL office.

This process ensures that both team officials and the OCSL have record of which players and team officials were present at each game if the information is requested by Public Health.

Spectators

Team Officials are required to maintain records of their own team's spectators in attendance at each game. These records must include the spectator's name and phone number.

There is no specific contact tracing form that must be used. Team Officials can choose to do this electronically or on paper. You must be prepared to provide these records should it be requested by your Club, the League, or Public Health. We have provided a contact tracing template on Page 6.



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IV. COVID-19 Gameday Screening

Assessments must be completed on gameday, before the match begins. If someone has answered "yes" to any of the Self Assessment questions, they must leave the premises immediately. Instruct them to isolate and follow up with their Public Health Unit for next steps.

Individuals are only required to complete one assessment per game. We have confirmed with our Governing Bodies and Health Units that no duplicate assessments are required.

Players, Team Officials & Spectators

Team Officials will be responsible for ensuring their own players, team officials and spectators have completed a COVID-19 Assessment on gameday.

Match Officials

Match Officials will be responsible for carrying out a self-assessment.

University of Ottawa Matt Anthony

All players, team officials and spectators playing games at the University of Ottawa Matt Anthony field must complete the [University's COVID Assessment Tool](https://www.uottawa.ca/coronavirus/en/covid-assessment-tool) before arriving at the facility on gameday, and show the green check mark to staff on their way in. You will not be permitted to enter the facility until this has been completed.

URL for assessment tool: <https://www.uottawa.ca/coronavirus/en/covid-assessment-tool>

All other Facilities & Fields

If you arrive at a facility/field that requires a separate Screening Assessment (such as UofO Matt Anthony), you must complete their assessment.

If there is no specific requirement in place by the facility/field marshal, teams can choose the method in which their players, officials and spectators complete their assessment. We have provided a Screening Assessment form on Pages 7 & 8. Assessments do not need to be submitted to the OCSL office.



A record of all spectators who belong to your team in attendance must be kept by a Team Official for 30 days. You do not need to use this form. Any mechanism that allows a team to capture and retain this information may be used. You do not need to provide this record to the OCSL or Health Authorities unless so requested for contact tracing.

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VI. Game Day COVID-19 Screening

****Each team is responsible for ensuring their own players, team officials and spectators have completed the assessment****

*****Match Officials are required to carry out a self-assessment*****

- 1) Have you or someone you live with left the country in the last 14 days?
- 2) Have you or someone in your household had a laboratory confirmed case of COVID-19 or been exposed to a confirmed case of COVID-19 in the last 14 days?
- 3) Has a doctor, health care provider, or public health unit told you that you should currently be isolating (staying at home)?
- 4) Are you experiencing any of the following symptoms?
 - Fever and/or chills
 - Cough
 - Shortness of breath
 - Sore throat
 - Difficulty swallowing
 - Decrease or loss of taste and smell
 - Runny or stuffy/congested nose
 - Headache
 - Nausea/vomiting/diarrhea
 - Extreme tiredness

If someone has answered “yes” to any of these questions, they **cannot** participate and must leave the premises **immediately**. Instruct them to isolate and follow up with their Public Health Unit if they continue to experience any of these symptoms.

Please direct any questions to Elliot at the OCSL office

Email: manager@ocslonline.ca

Phone number: 613-261-8286 ext. 6



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OCSL Game Day COVID-19 Screening Template

Division: _____

Team: _____

Date: _____

Screeener: _____

Name	Passed Screen (Y/N)	Player Name	Passed Screen (Y/N)